AIHA

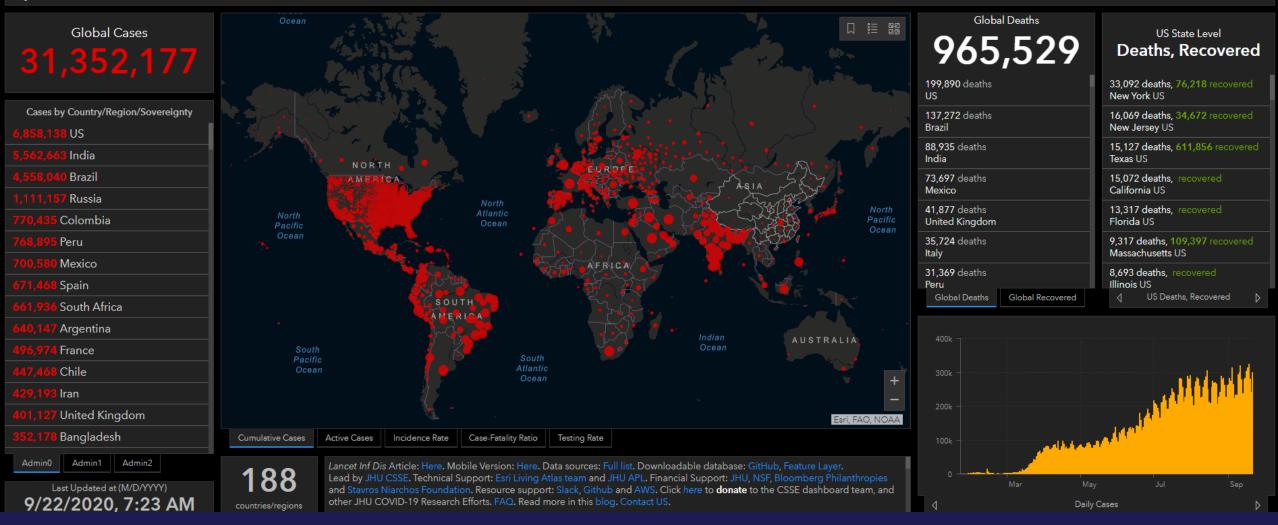
HEALTHIER WORKPLACES | A HEALTHIER WORLD

BUILDING VENTILATION DURING A PANDEMIC

Connecticut River Valley Local Section Bernard L Fontaine, Jr., CIH, CSP, FAIHA October 7, 2020

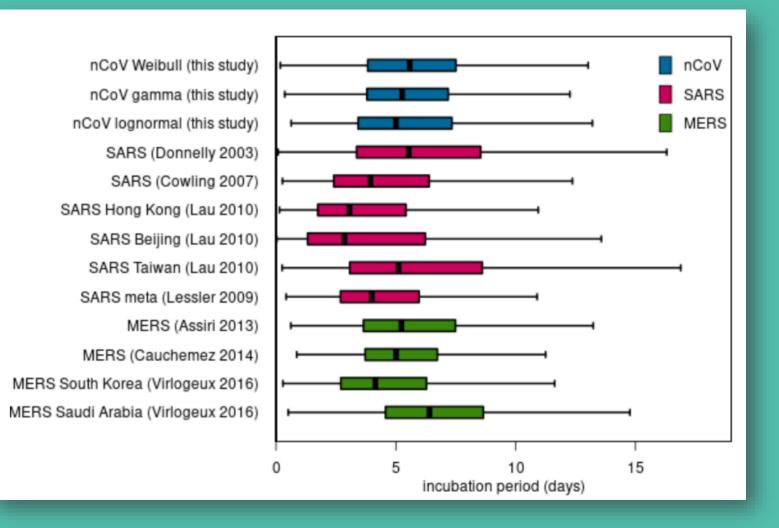
Worldwide Distribution Map

W COVID-19 Dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)

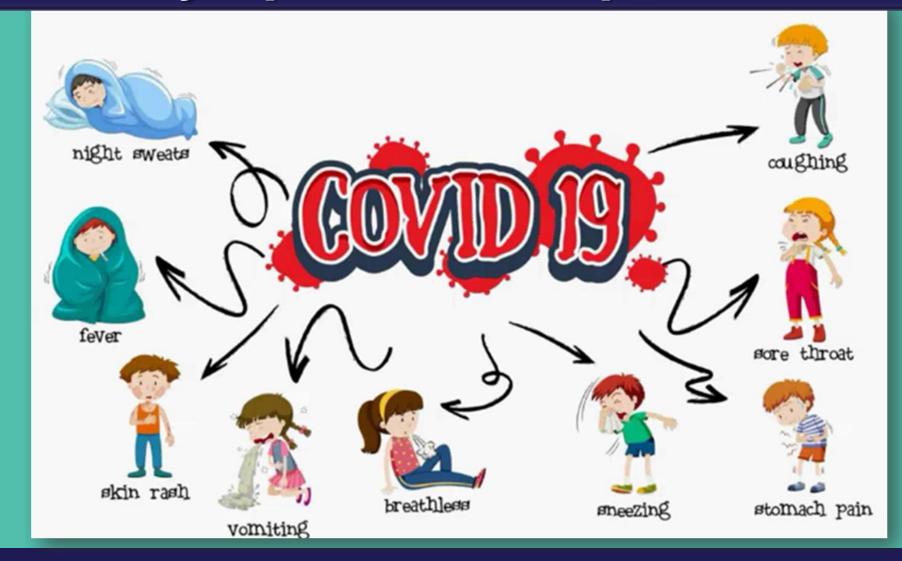


Incubation Period

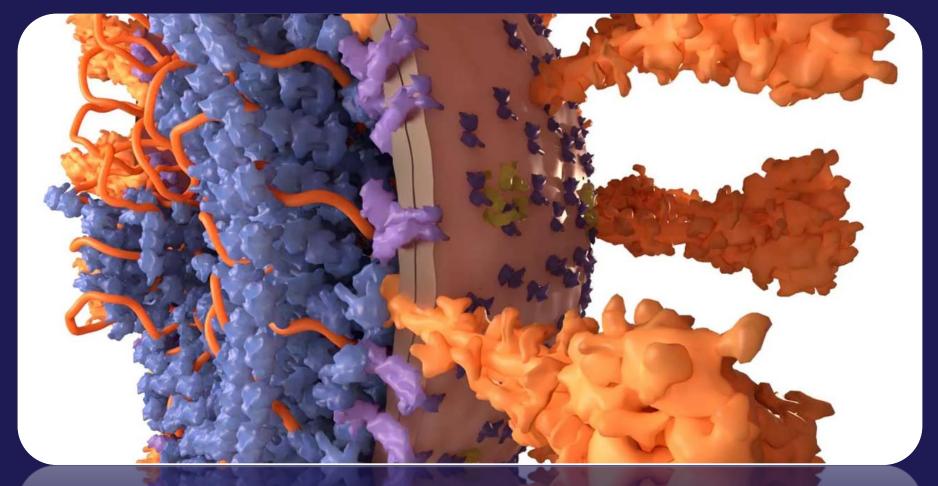
- Time from exposure to symptoms onset
- With COVID-19, symptoms may show up 2-14 days after exposure
- CDC indicates people are most contagious when clinically symptomatic
- Several studies show people also may be contagious before developing symptoms



Symptoms of Exposure







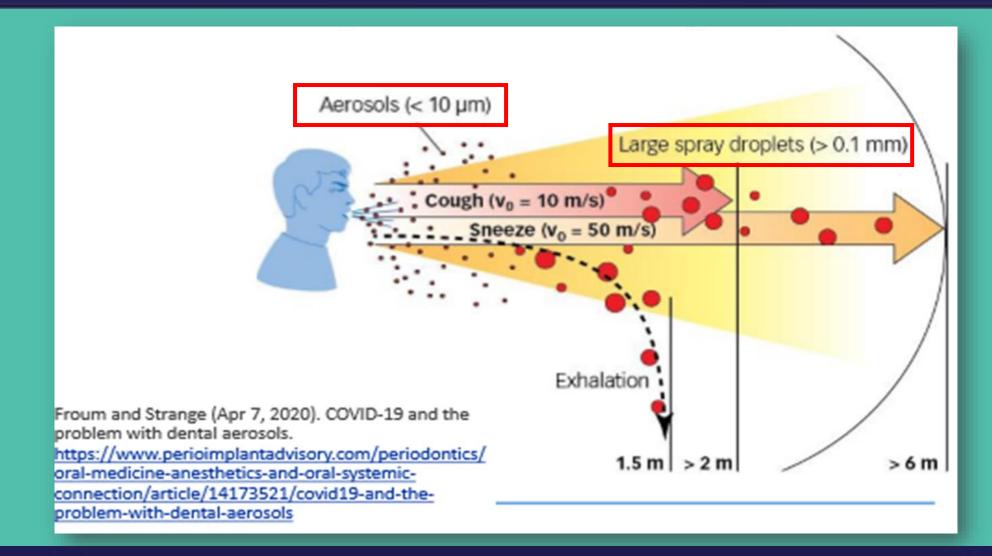
Courtesy of Scientific American

SARS CoV-2 AEROSOLS

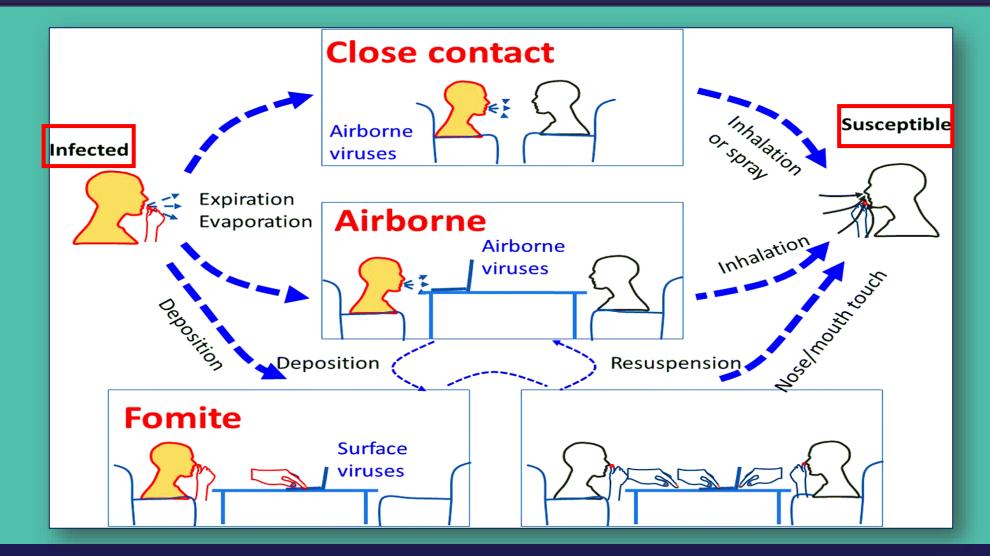
- Transmission between people in close contact
- Transmission via particles that remain in the air over time and distance
- Infected surfaces
- Virus found in stool, blood, semen and ocular secretions; role in transmission unknown
- Animals (including domesticated) not major source of human infection



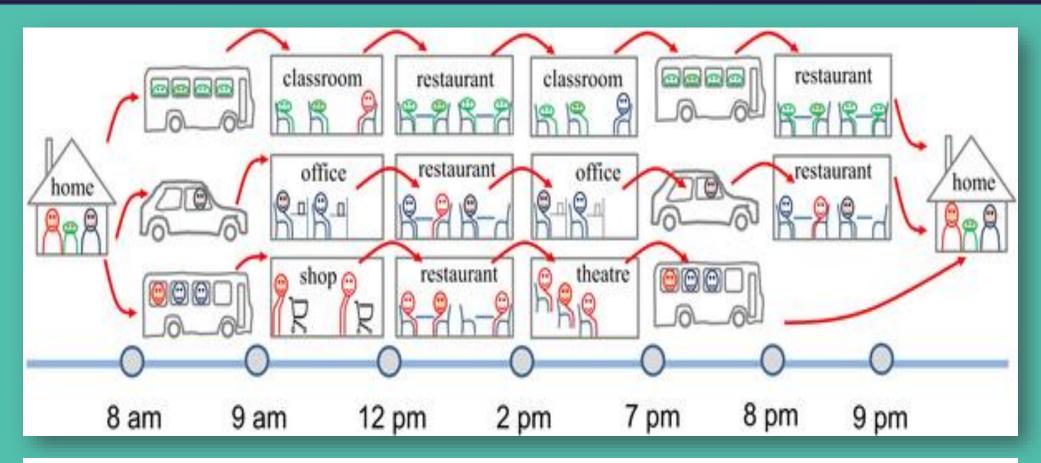






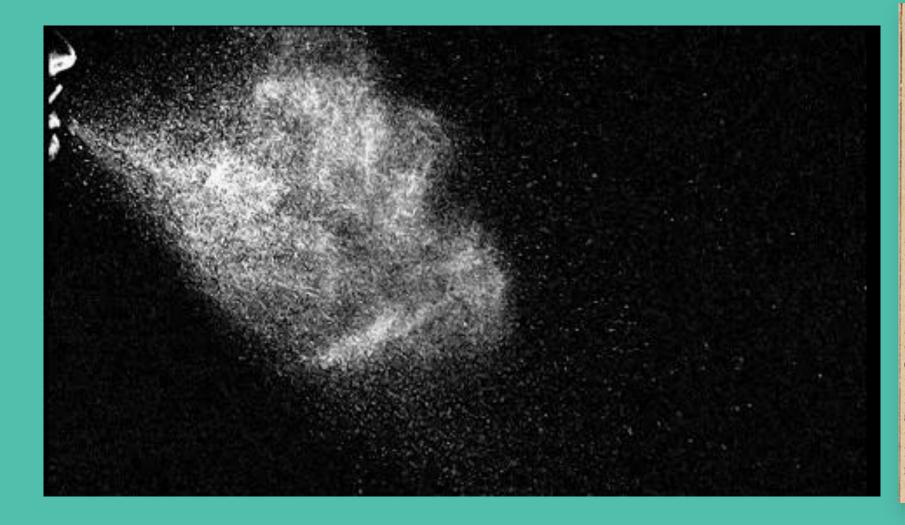






Gao X, Wei J, Lei H, Xu P, Cowling BJ, et al. (2016) Building Ventilation as an Effective Disease Intervention Strategy in a Dense Indoor Contact Network in an Ideal City. PLOS ONE 11(9): e0162481. https://doi.org/10.1371/journal.pone.0162481 <u>https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0162481</u>





DISTANCE TRAVELED BY GERM DETERMINED

At Harvard University an experiment was carried on to determine the exact distance a germ may be thrown from a human mouth.

A room was thoroughly disinfected, all ornaments were removed and nothing but a fifteen foot table remained on which was placed bowls of culture media, one foot apart. A man breathed through his nose over the bowls. They were then put in a culture oven and heated but no germs were present. Next he washed his throat with a germ laden liquid, and stood at the end of the table and talked in an ordinary tone. The bowls were infected for a distance of four feet. Next he spoke in a loud tone, such as used by a lecturer. The bowls were infected for 10 feet. When he sneezed or coughed, they were infected for 12 feet.

Moral; wear your mask.

Wells-Riley Model

$$P_{infection} = 1 - e^{\frac{1qpt}{Q}}$$

Pinfection = probability of infection

I = Number of infector individuals

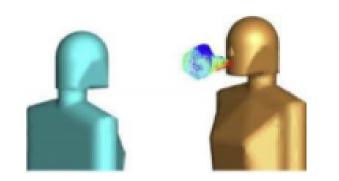
q = rate of generation of infectious airborne particles

p = pulmonary ventilation rate

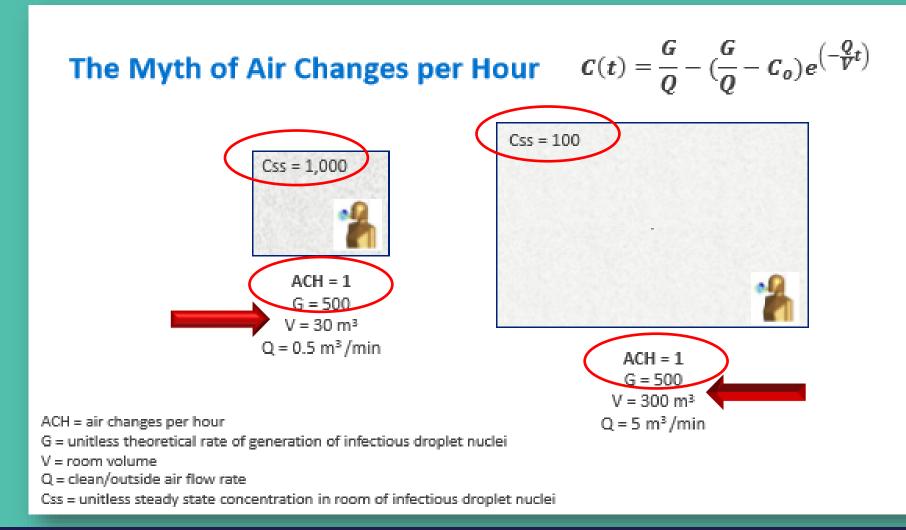
t = exposure time

Q = clean air ventilation rate

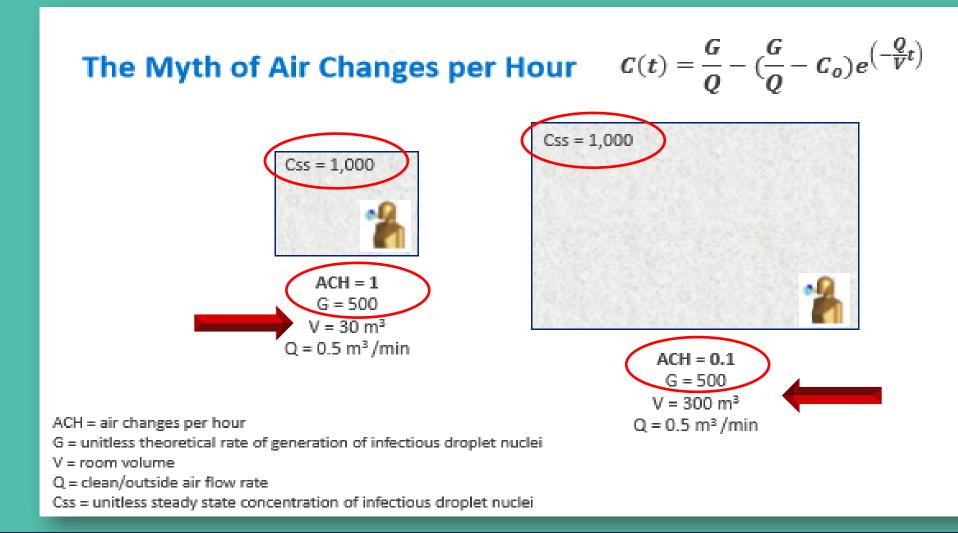
Azimi and Stephens. (2013). HVAC filtration for controlling infectious airborne disease transmission in indoor environments: Predicting risk reductions and operational costs. Build Environ. 2013 Dec; 70: 150–160.



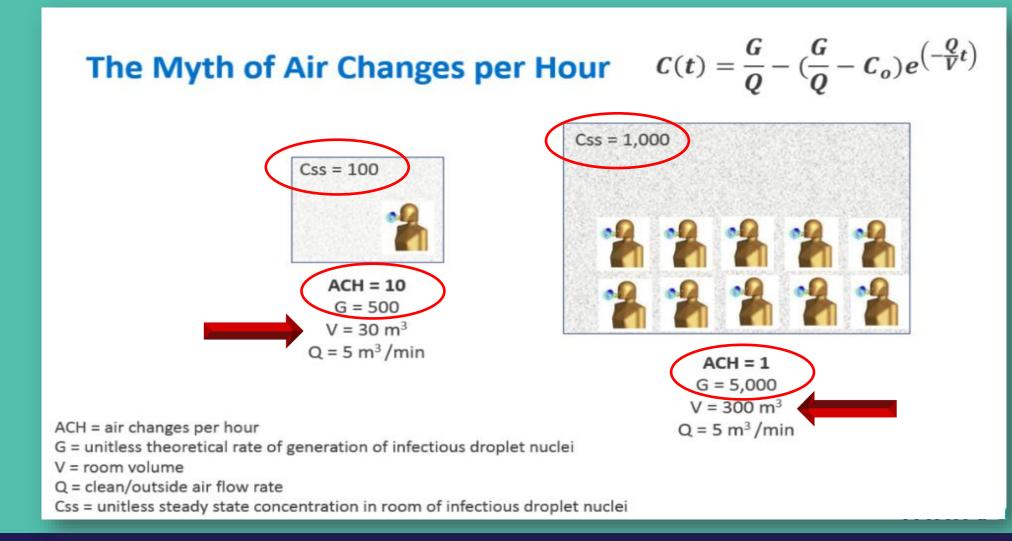




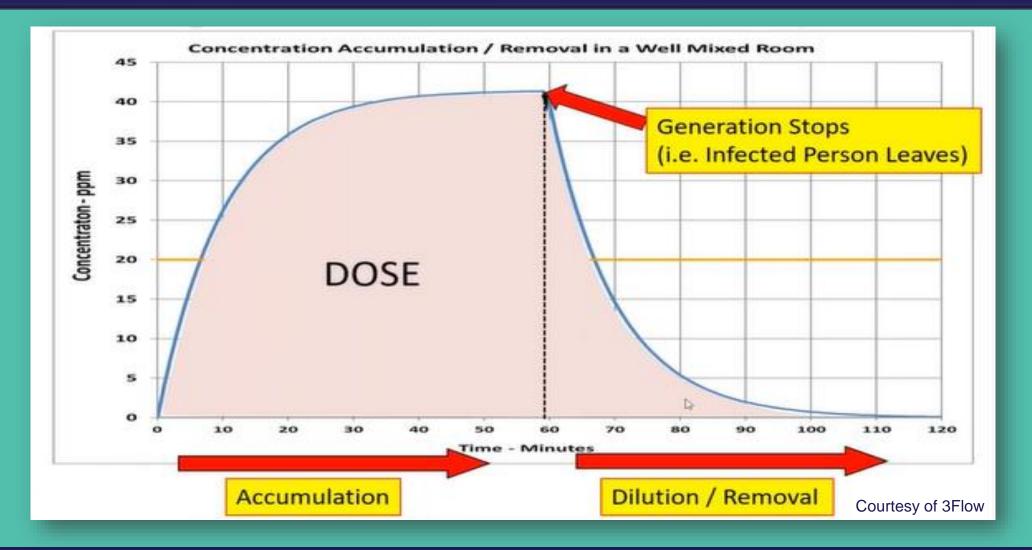






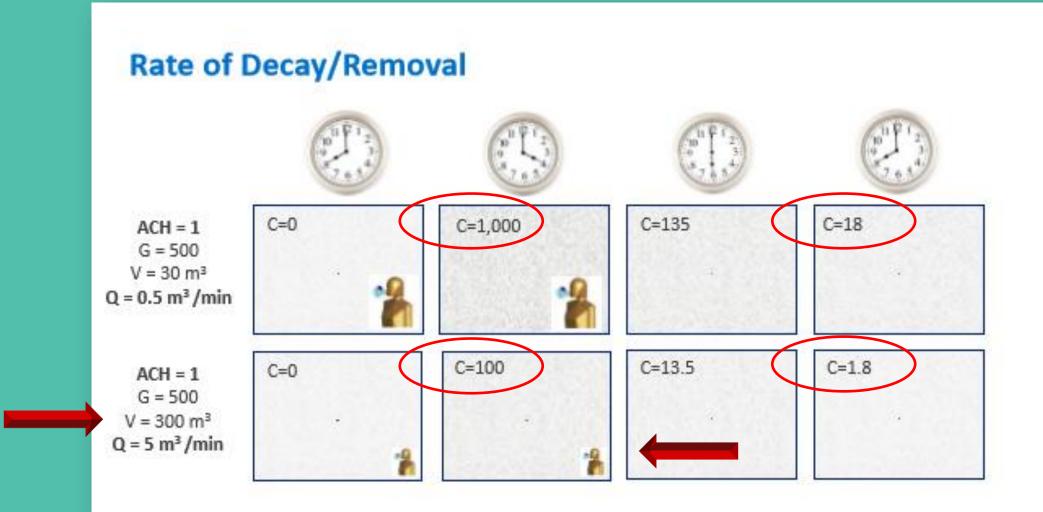








Aerosol Decay and Removal





Increasing Building Ventilation

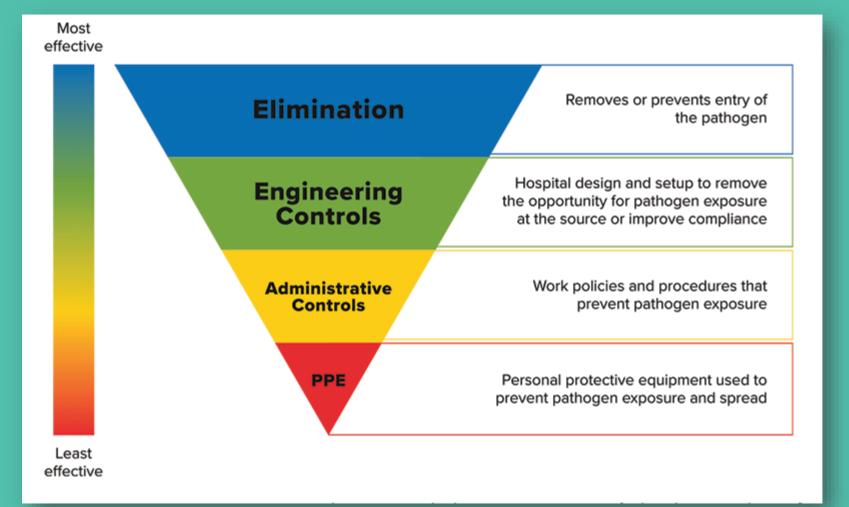
Policy	Policy content	Attack rate, δ	Time of peak infection, T _p (day)	Percentage of peak infection, λ_p
Baseline		93.76%	154	24.90%
Policy A ¹	Homes, 0.7→5 ACH	52.05%	206	7.97%
Policy B	Classrooms, 2-+5 ACH	93.19%	158	23.54%
Policy C	Offices, 1→5 ACH	92.63%	186	23.47%
Policy D	Restaurants, 15 ACH	92.80%	159	23.22%
Policy E	Shops, 1→5 ACH	93.48%	156	24.48%
Policy F	Public locations, 1.4->5 ACH	93.62%	155	25.63%
Policy G	Homes, 0.7->10 ACH	43.56%	211	6.30%
Policy H	Transportation, 4→10 ACH	92.76%	163	23.07%
Policy I	All locations, double	73.06%	290	10.61%
Policy J	Transportation, 4 ACH	43.11%	464	3.86%
	Other locations, 3 ACH			
Policy K	All locations, 5 ACH	0.28%	1989	<0.01%
Policy L	All locations, 8 l/(s-person)	80.50%	319	12.95%
Policy M	All locations, 12 l/(s-person)	55.32%	587	4.79%
Policy N	Homes and classrooms, 5 ACH	43.49%	209	5.77%
Policy O	Homes and offices, 5 ACH	37.36%	426	3.89%
Policy P	Homes, classrooms and offices, 5 ACH	19.33%	1198	0.67%

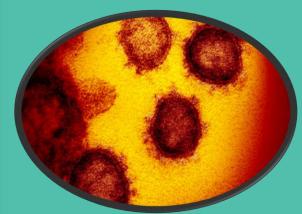
¹Policy A (Homes, 0.75 ACH) means increasing ventilation rate in all homes from 0.7 ACH to 5 ACH.

Gao X, Wei J, Lei H, Xu P, Cowling BJ, et al. (2016) Building Ventilation as an Effective Disease Intervention Strategy in a Dense Indoor Contact Network in an Ideal City. PLOS ONE 11(9): e0162481. https://doi.org/10.1371/journal.pone.0162481 https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0162481



Hierarchy of Infection Controls



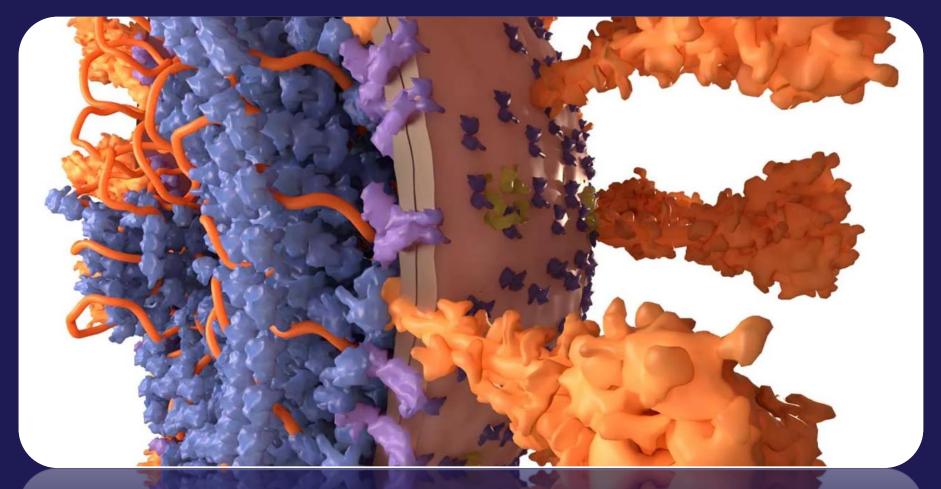




Hierarchy of Infection Controls







Courtesy of Scientific American

BUILDING VENTILATION

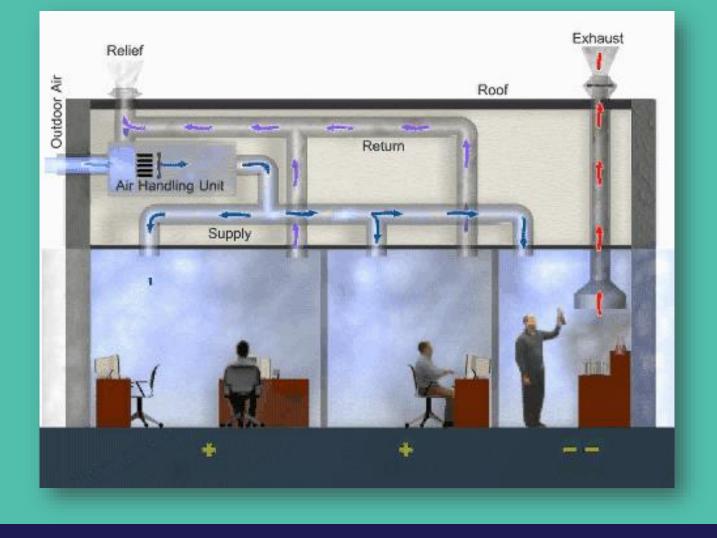
Natural Building Ventilation

What is building natural ventilation?

- Ventilation design relies on natural sources such as wind and temperature differences in order to flow fresh air through a building
- Best suited for open plan layouts and minimize noise pollution and external air
- Not suited for buildings with small spaces or buildings needing a constant air temperature
- Not suited for buildings that need to control for relative humidity







- Fundamentals of IAQ in buildings
- Heating, ventilation and airconditioning (HVAC)
- IAQ maintenance and housekeeping
- IAQ and energy efficiency
- Diagnosing and solving problems
- Renovation and new construction
- Managing for IAQ

https://19january2017snapshot.epa.gov/indoor-air-quality-iaq/textmodules-indoor-air-quality-building-education-and-assessmentmodel_.html

What is building ventilation?

- Building ventilation circulates air throughout a built environment
- Outdoor ventilation or the heating, ventilating, and airconditioning (HVAC) system of a building supplies and removes air naturally (windows) and/or mechanically to and from a space
- HVAC systems most often consist of mechanical parts which should provide air to building occupants at a comfortable temperature and humidity that is free of harmful concentrations of air pollutants



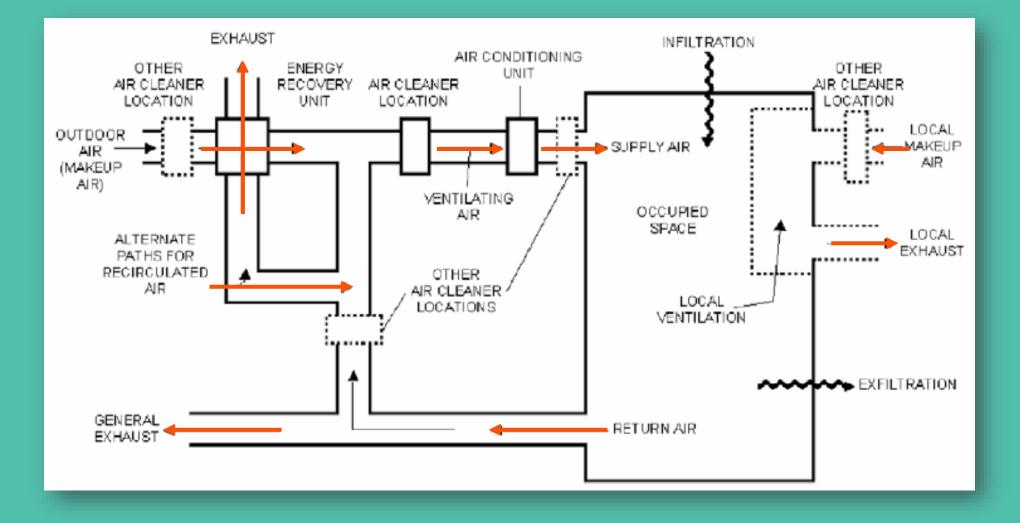


Prior to re-occupancy, review configuration of workspaces

- Ensure there is an adequate flow of fresh air to workspaces and optimize the ventilation system settings by:
 - Maximize fresh air through your ventilation system
 - Ensure restroom is under negative pressure
 - Ensure that the proper filtration is being used to control SARS-CoV-2 transmission
 - Clean and disinfect all HVAC intakes and returns daily
- ASHRAE updates for more information.
 - If pedestal, desk or hard mounted fans are used, minimize air from fans blowing from one person directly to another.
 - Fans may be useful to reduce the heat-related illness in plants



Building Ventilation Diagram





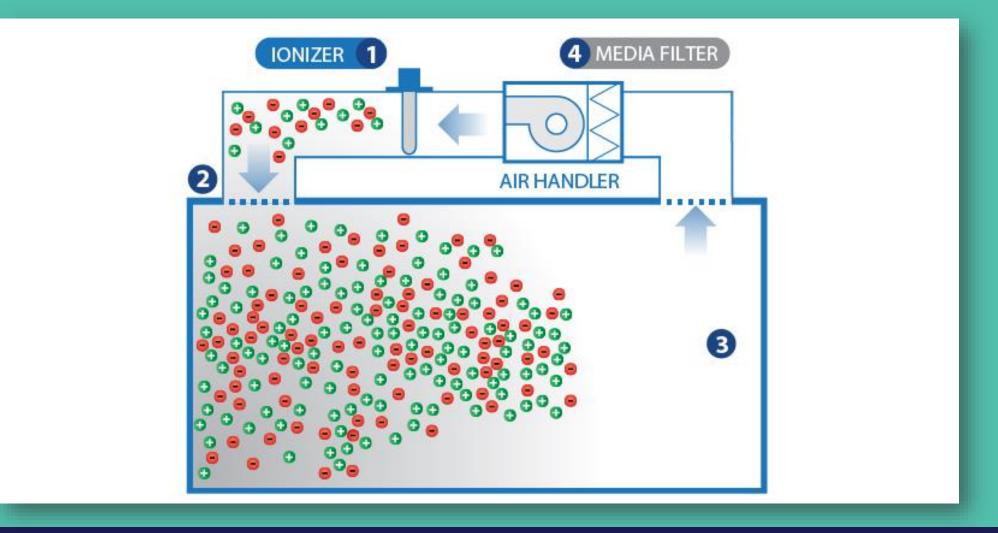




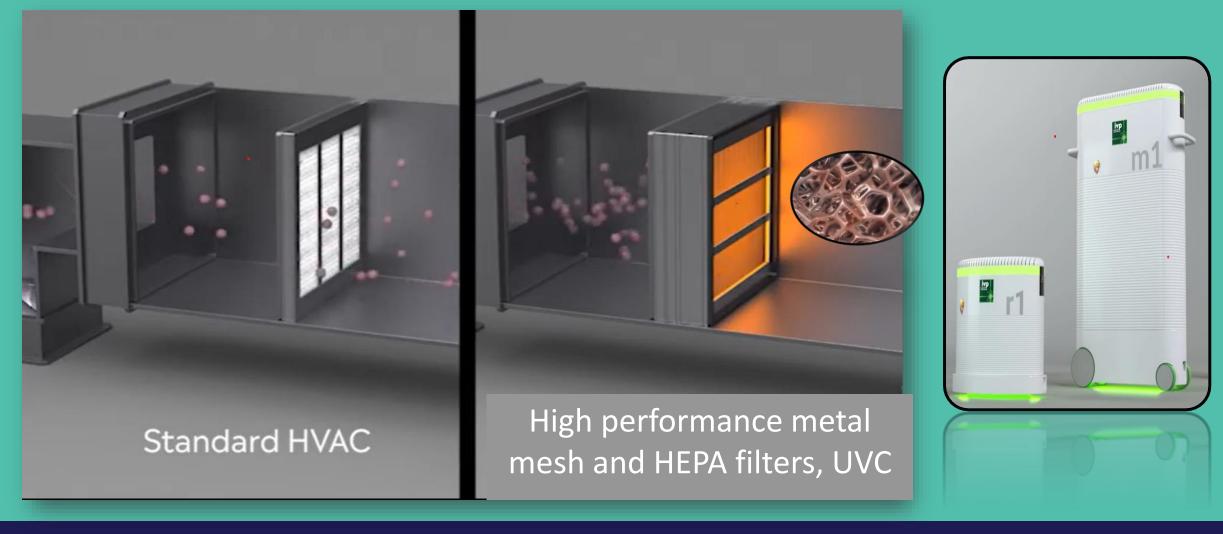
Smoke Tubes for Ventilation Air Currents











Fluence (UV Dose) Required to Achieve Incremental Log Inactivation of Bacteria, Protozoa, Viruses and Algae

Revised, updated and expanded by

Adel Haji Malayeri¹, Madjid Mohseni¹, Bill Cairns²' and James R. Bolton³' With earlier contributions by Gabriel Chevrefils (2006)4 and Eric Caron (2006)4

With peer review by

Benoit Barbeau⁴, Harold Wright (1999)⁵ and Karl G. Linden⁶

1. Department of Chemical and Biological Engineering, University of British Columbia, Vancouver, BC, Canada 2. Trojan Technologies, London, ON, Canada

- 3. Department of Civil and Environmental Engineering, University of Alberta, Edmonton, AB, Canada
- 4. Chaire Industrielle-CRSNG en Eau Potable, Polytechnique Montreal, Montreal, QC, Canada
- 5. Carollo Engineers, Boise, ID
- 6. Department of Civil, Environmental and Architectural Engineering, University of Colorado-Boulder *Corresponding authors: Bill Cairns (bcairns@trojanuv.com) and James Bolton (jb3@ualberta.ca)

Introduction

Revision history (Hijnen et al. 2006; Coohill and Sagripanti 2008).

Brief description and selection criteria for content of the tables

version) present a summary of published data on the ultraviolet (UV) fluence-response data for various microorgan- reported fluences are calculated and what the assumptions isms that are pathogens, indicators or organisms encountered and procedures are in the calculations. in the application, testing of performance, and validation of UV disinfection technologies. The tables reflect the state of It is the intention of the authors and sponsors to keep this knowledge but include the variation in technique and biolog- table dynamic, with periodic updates. Recommendations ical response that currently exists in the absence of standard- for inclusion in the tables, along with the reference source, ized protocols. Users of the data for their own purposes are should be sent to: advised to exercise critical judgment in how they use the data. Dr. Bill Caims, chief scientist

In most cases, the data are generated from low-pressure (LP) 3020 Gore Road monochromatic mercury arc lamp sources for which the London, ON, Canada lamp fluence rate (irradiance) can be measured empirically and multiplied by exposure time (in seconds) to obtain an incident fluence onto the sample being irradiated; however, The selection criteria for inclusion are recommended as

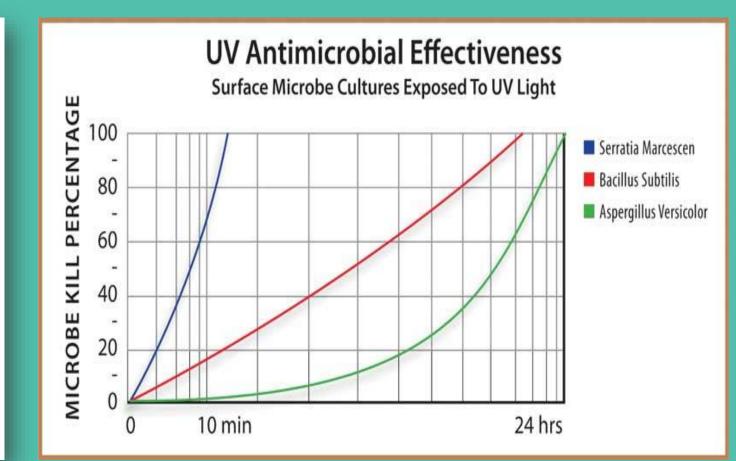
earlier data do not always contain the correction factors that follows:

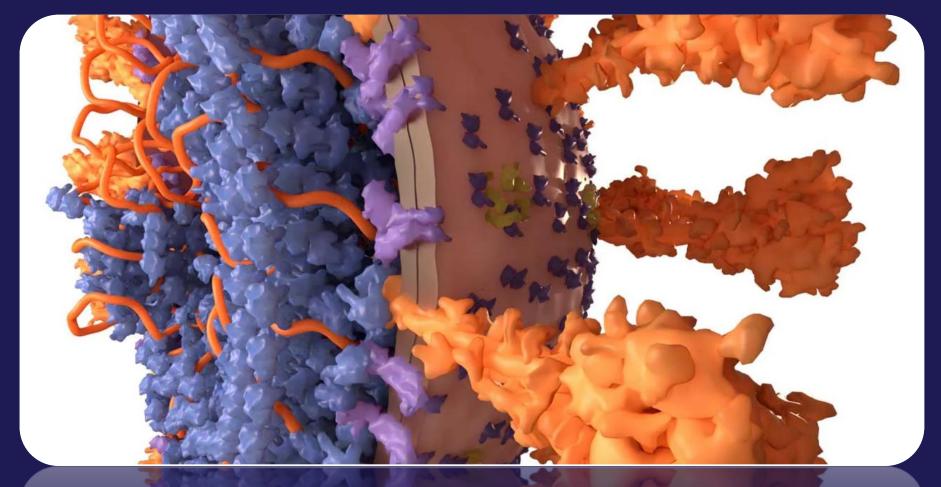
are now considered standard practice (Bolton and Linden 2003: Bolton et al. 2015a) in order to determine the average This paper represents the second revision of a compilation fluence delivered to the microorganisms within the irradithat goes back to 1999. The original compilation (Wright and ated sample. Such uncorrected data are marked and should Sakamoto 1999) was an internal document of Trojan Technol- be considered as upper limits, since the necessary correcogies. The first revision was published in 2006 (Chevrefils et tions have not been made. Some data are from polychroal. 2006). Data from the previous reviews have been included matic medium pressure (MP) mercury arc lamps, and in here. In addition, data from the past 10 years have been added some cases both lamp types are used. In a few cases, filtered and a new table for algae has been added. Two other reviews polychromatic UV light is used to achieve a narrow band of of the UV sensitivity of microorganisms have been published irradiation around 254 nm. These studies are also designated as L.P

None of the data incorporate any impact of photorepair processes. Only the response to the inactivating fluence Tables 1-5 (only available in the downloaded magazine is documented. The references from which the data are

Prof. James R. Bolto

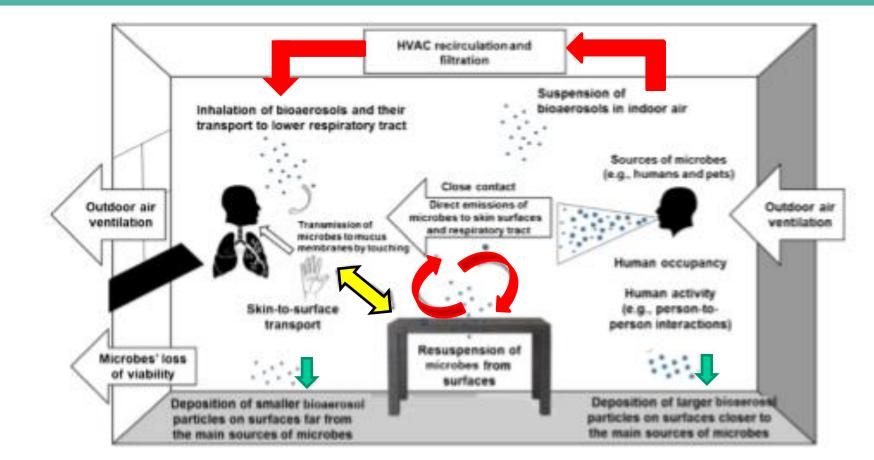
Department of Civil and	
Environmental Engineering	
Edmonton, AB, Canada T6G 2W2	
Email: jb3@ualberta.ca	





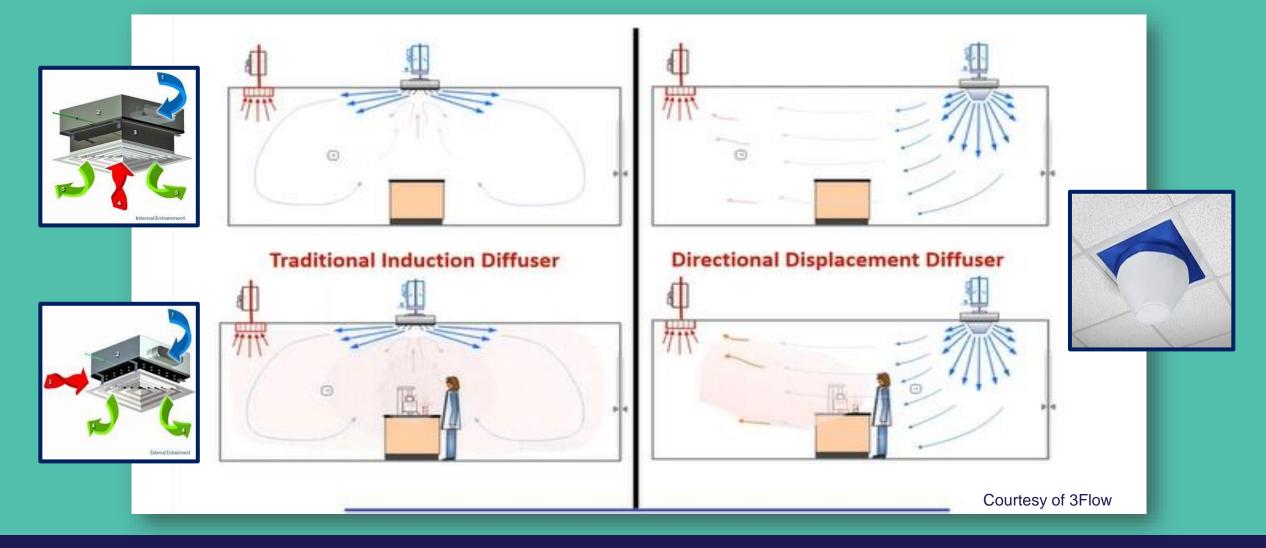
Courtesy of Scientific American

AIRFLOW DISTRIBUTION

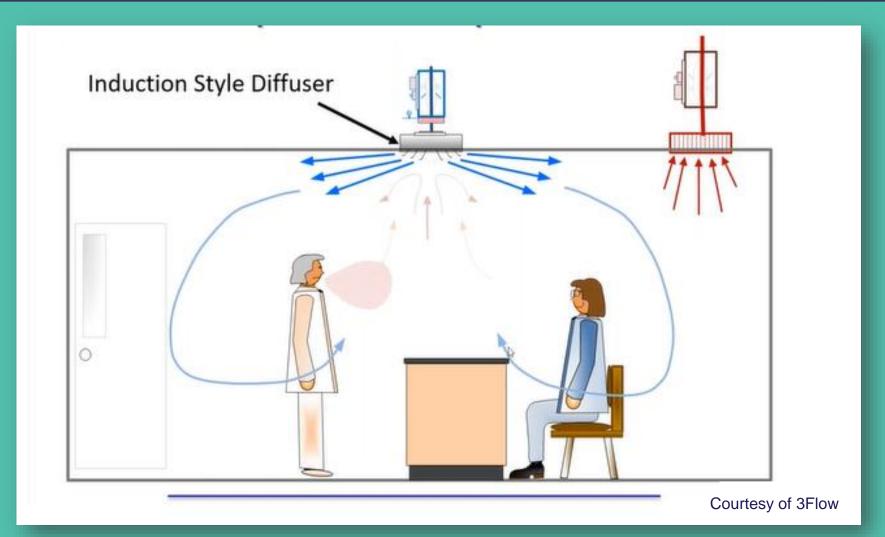


Stephens et al. (2019). Microbial Exchange via Formites and Implications for Human Health. Current Pollution Reports volume 5, pages198–213(2019)

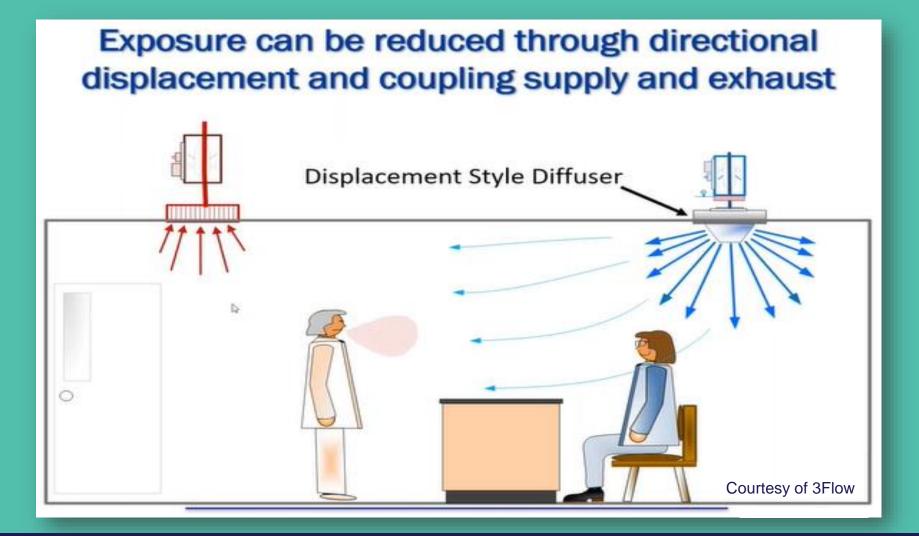




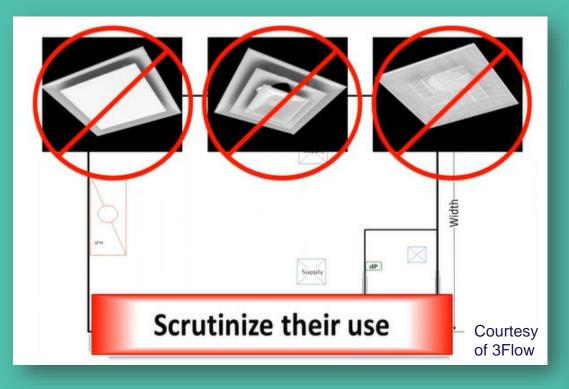












See any problems with the air supply and exhaust in these waiting rooms?





See any problems with the air supply and exhaust in these hospital procedure rooms?



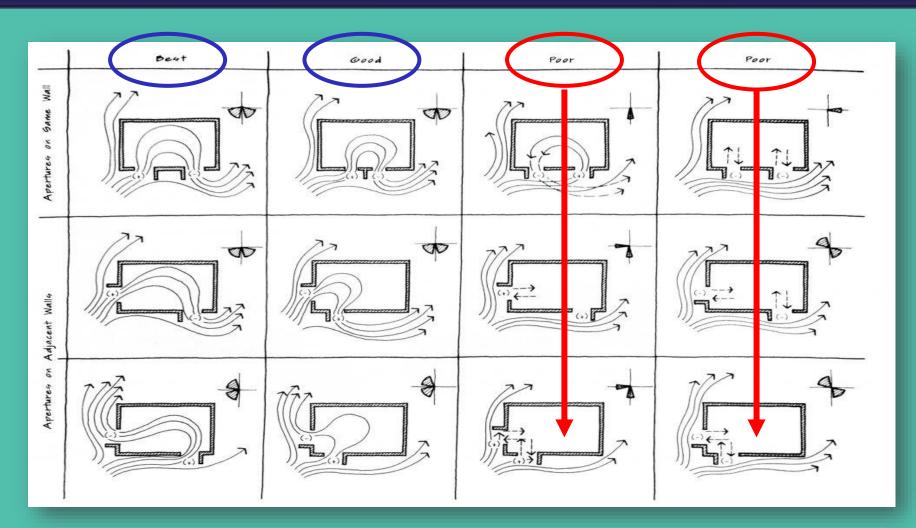




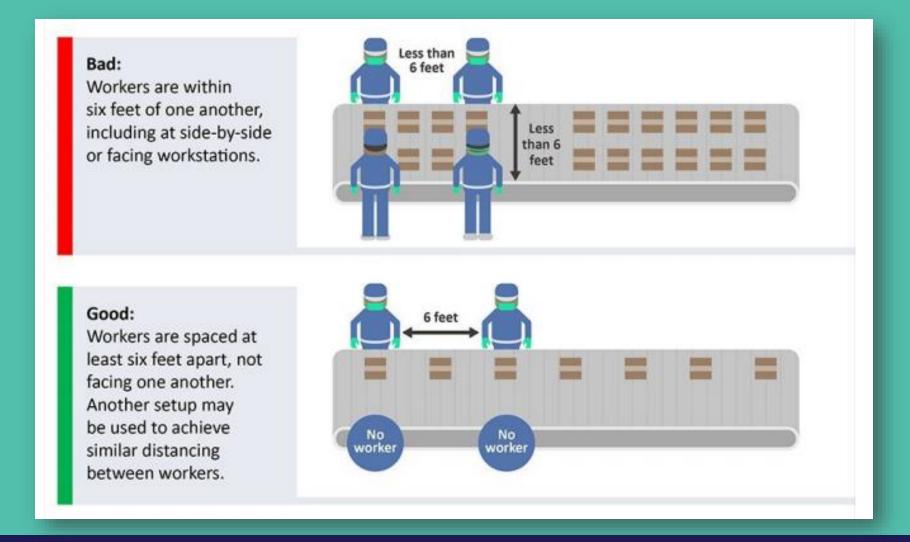
NIST Multizone Airflow Dispersion Model

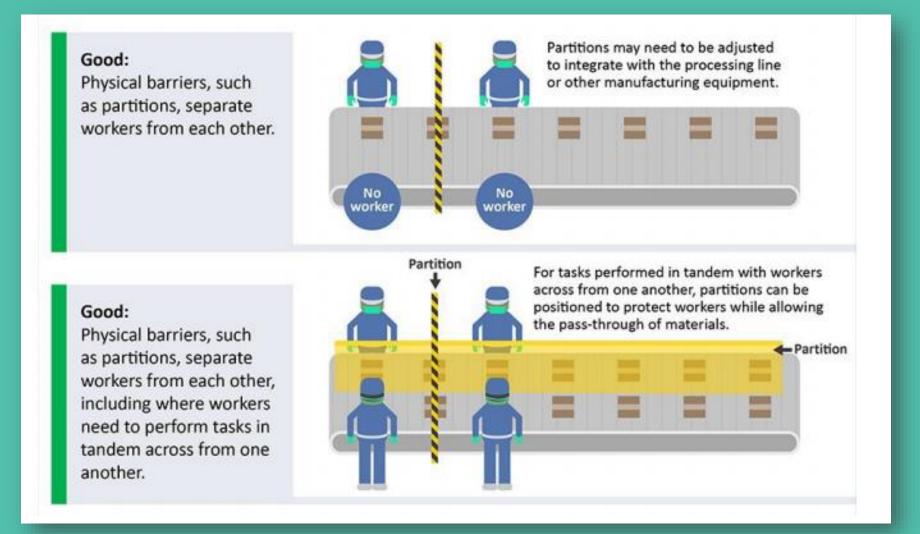
Zone Geometry	Volume 100 m ^a V	Floor Area	Wall Area 63.25 m²	Ceiling Area	Other Surface Area	Surface to Volume Ratio
Infiltration	Infitration 0.5 1 / h	Particle Penetration Coefficient				
Ventilation System	Supply Airflow Rate	Outdoor Air Intake Fraction	Return Airflow Rate	Local Exhaust Airflow Rate		
System Filters	Outdoor Air Filter	Recirculation Air Filter				
Calculated Airflows	Total Outdoor Air Change Rate	Outdoor Air Intake Rate 0 sm³/h	Recirculation Airflow Rate			
Room Air Cleaner	Maximum Airflow Rate	Fan Flow Fraction	Filter Efficiency 0.8	CADR 160 scfm		
Particle Properties	Name IV1	Diameter	Density	Particle Deactivation	Half-life	Decay Rate 0.63014 1/h
Continuous Source	Source On v	Generation Rate 3.2 #/min	Generation Time Period Start 00:00 / End 24:00			
Burst Source	Source On v	Burst Type Intermittent V	Amount per Burst 45 #	Generation Time Period Start 00:01 / End 24:00	Burst Interval	
Particle Deposition Velocities	Floor 0.00371 cm/s v	Walls 0.000326 cm/s	Ceiling 4.33e-8 cm/s	Other Surface 0 cm/s	Effective Deposition Rate	
Initial Concentrations	Outdoor Air 0 #/m³ v	Zone Air 0 #/m³				
Occupant Exposure	Occupancy Time Period Start 07:00 / End 17:00	Occupancy Type	Intermittent Occupancy Interval	Intermittent Occupancy Duration		
RUN SIMULATION						











Sneeze Guards and Partitions

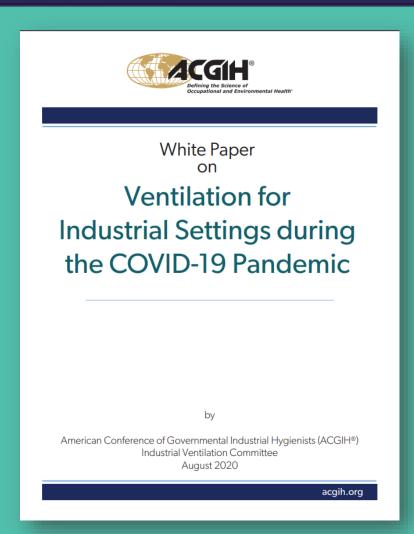




Ventilation for Industry

Hierarchy of Controls

- Engineering Controls
 - General exhaust ventilation
 - Local exhaust ventilation
 - Fans
 - Air filtration
 - Building and room filtration
 - Ultraviolet germicidal irradiation
- Administrative Controls
- Personal Protective Equipment (PPE)
- Important suggested measures







AIR FILTRATION

Air Filtration

Regularly clean or replace HVAC system filters

- Use the most efficient filters possible to maintain ability to supply adequate air flow
- Consider using stand alone portable HEPA units
- Change to MERV 13-14 or HEPA filter
- Ensure that filters are installed in the correct orientation relative to airflow, that they are the appropriate size, and that they are seated in the filter rack properly
- Minimize air flowing around filters instead of through them

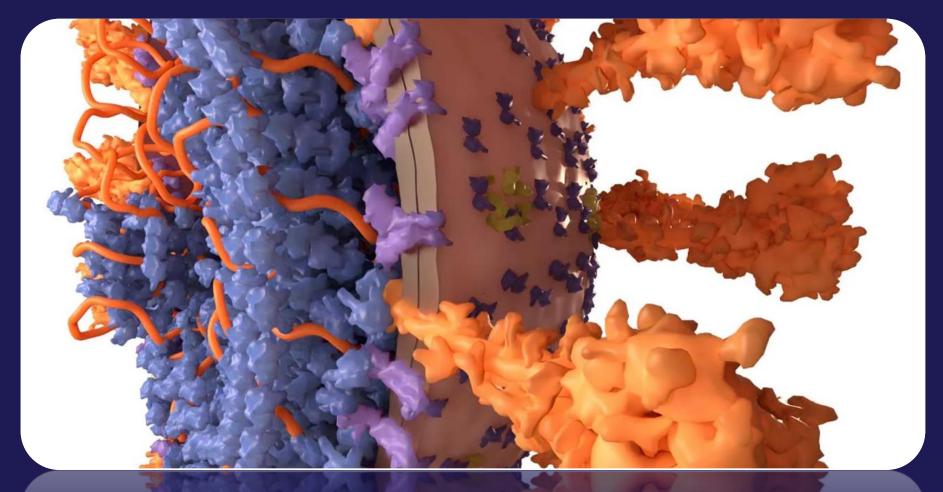




Air Filtration

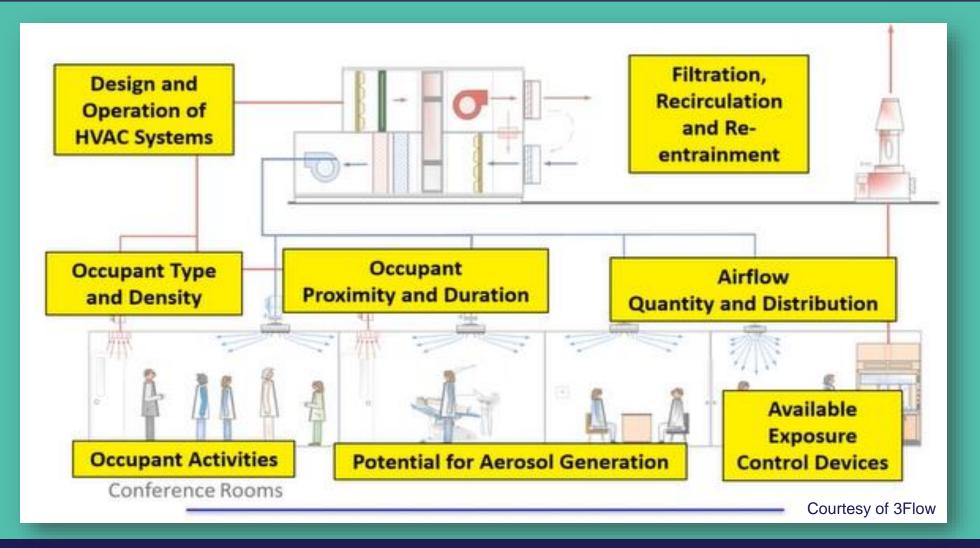
ASHRAE Standard 52.2-2017 -- Minimum Efficiency Reporting Value (MERV)

Std. 52.2 Minimum	Application Guidelines		
Efficiency Reporting Value (MERV)	Typical Controlled Contaminant	Typical Applications and Limitations	Typical Air Filter/Cleaner Type
16	0.30 to 1.0 µm Particle Size All bacteria	Hospital inpatient care General surgery	Bag Filters Nonsupported (flexible) microfine fiberglass or synthetic
15	Most tobacco smoke Droplet nuclei (sneeze)	Smoking lounges Superior commercial	media. 300 to 900 mm (12 to 36 in.) deep, 6 to 12 pockets. Box Filters
14	Cooking oil Most smoke	buildings	Rigid style cartridge filters 150 to 300 mm (6 to 12 in.) deep may use lofted (air laid) or paper (wet laid
13	Insecticide dust Copier toner Most face powder Most paint pigments		media.
12	1.0 to 3.0 µm Particle Size Legionella	Superior residential Better commercial	Bag Filters Nonsupported (flexible) microfine fiberglass or synthetic
11	Humidifier dust	buildings Hospital laboratories	media. 300 to 900 mm (12 to 36 m.) deep, 6 to 12 pockets. Box Filters
10	Milled flour Coal dust		Rigid style cartridge filters 150 to 300 mm (6 to 12 in.) deep may use lofted (air laid) or paper (wet laid
9	Auto emissions Nebulizer drops Welding fumes		media.
8	3.0 to 10.0 µm Particle Size Mold	Commercial buildings Better residential	Pleated Filters Disposable, extended surface, 25 to 125 mm
7	Spores Hair spray	Industrial workplaces Paint booth inlet air	(1 to 5 in.) thick with cotton-polyester blend media, cardboard frame.
6	Fabric protector Dusting aids		Cartridge Filters Graded density viscous coated cube or pocket filters,
5	Cement dust Pudding mix Snuff Powdered milk		synthetic media. Throwaway Disposable synthetic media panel filters.



Courtesy of Scientific American

BUILDING VENTILATION CASE STUDY













			Space Risk Ratings Weight						ing and														
				1.4		•	•		1.0				- 18	-	. 64	-		- 00	- 14		-	Ra	ting
Aparta .	Apare Type	Occupant 4	nii of Grawn Da	Oct. Joint for y	enow * Ora Denar ty	Durum Out Duration	Bransi ant prisit ant	Promulan Y (Visitoria) Demailty	Transant (Vilition) Derotion	Dis. Powerby	Aerosat Potenti di	2 2 2 2	MVAC Type	ANGAC Optime Time State	Spece Arflow	Ourside Air Vent Bane	Specifi Affo Syste E	50/ 5/04	Astrust Son	Special Measure 1	Estaust Ae-ent	scone	And Rand
101	Training Center	1	.2	2	2	3	4	. 4	. 4	3	1		.1	2	-3	4.		. 4	1.3	4.	0	258	
102	Office	ı¢.	- Ó	1	2	-1	0	120	0	÷	1	.0	. 1	2	2	4	4	4	3	4	φ.	123	1
103	Server Room	0	0	0	0	. 1	1	- 2	.0	0	\$	0	. 3	2	2	4	4	4.	. 3	4	0	139	- 1
104	Break Avea	Ð	1	1	4	0	0	0	0	. 2	1	2	1	3	2	4	4	4	3	4	0	175	45
105	Lab Support Space	0	0		2	0	0	0	0	0	0	2.	3	2.	2	4	4	.4	3	4	0	91	1
\$103	Conference Room	2	- 2	. 8	8	2	2		2	1	8	2	3	2	2	4	4		- 8	4	0	333	
1102	Office	D	0	0	.0	0	0	0	0	0	0	2	. 1	2	2	4		4	3	4	0	37	0
1103	Office	0	0	1	1	1	0	0	0	0	0	2	3	2.	2	4			3	4	0	99	1
104	Office	10	ø	0	0	0	0	0	0	0	0	3	3	3	2	4	4	4	3	4	0	22	0
105	Office	0	.0		2	-2	0	0	0		¢.	2	. 3	2	2	4	4	4	3	4	0	95	1
106	Mechanical Room	p.	.1	1	2	2	1	1	1	3	1	2	3	2	2	4	4	4	3	4	0	216	2
101	Office	0	0		2	. 1	0	0	0	0	1	0	1	2	2	4	4	4	3	4	0	123	
102	Reception	3	2	2	1	3	2	1	0	3	0	2	1	2	3	4	.4	.4	3	4	0	227	2
103	Office	0	0	1	2	1	0	0	0	0	1	0	3	3	2	4	4	4	3	4	0	123	1
104	Office	0	0	1	2	3	0	8	8		. 1	8	. 3	2	2	4	4	- 4	3	4	0	125	- 1
105	Office	0	0	3.	2	3	0	0	0	. 0	- 2	.0	3	2	2	4	4	4	3	4	0	125	1
C106	Office	0	0	1	2	1	0	0	0	0	1	0	1	1	2	4	4	4	3	4	0	123	
C107	Lab	0	2	1	2	2	2	1	2	2	2	0	0	1	0	0	2	4	2	2	0	216	2
20101	Office	0	0	3	1	3	1	1	1	1.1	1	0	- 3	2	2	4	4		. 3	4	0	234	2
5010	Stephe	0	1	1	3	1	0	0	0		1	1	3	7	3	4	4	4	5	4	0	133	1
0 50 9	Office	0	0	1	1	1	0	0	0	.0	1	0	3	1	2	4	4	4	3	4	0	123	1
9904	Office	0	0	1	2	3	0	0	0	0	1	0	1	2	2	4	4	4	3	4	0	125	1
0 105	Office	0	0	1	2	3	0	0	0	.0	1	0	3	3	2	4	4	4	3	4	0	125	1
0.506	Dreak Area	0	2	2	3	0	0	0	0	0	1	1	1	3	2	4	4	4	3	4	0	137	1
0 507	Office (Cubet)	0	0	.0	0	0	0	0	0		0	2	. 3	2	3	4	4	.4	. 3	4	0	. 27	0
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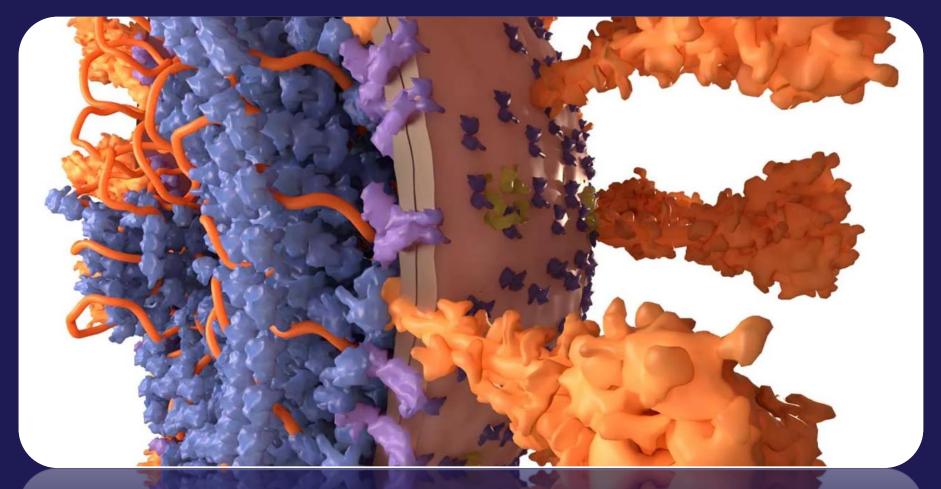


Risk Band	Description	Attributes
0	Negligible	Vacant Space ≤ 1 Occupant Very Limited Access Proper HVAC Operation
1	Low	
2	Moderate	Known Occupants Limited Visitors w/Short Duration Adequate Spacing Proper HVAC Operation
3	High	Known Occupants Limited Visitors w/ Extended Duration Mixed Social Space and Close Contact Ventilation Issues
4	Extreme (Special)	Known Occupants Numerous, Frequent Visitors w/Extended Duration Close Personal Contact Aerosol Generating Procedures Ventilation Issues









Courtesy of Scientific American

REFERENCE MATERIALS



ANSI/ASHRAE Standard 52.2-2017 (Supersedes ANSI/ASHRAE Standard 52.2-2012) Includes ANSI/ASHRAE addenda listed in Appendix H

Method of Testing General Ventilation Air-Cleaning Devices for Removal Efficiency by Particle Size

See Informative Appendix H for approval dates by the ASHRAE Standards Committee, the ASHRAE Technology Committee, and the American National Standards Institute.

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ANSI ASHRAE/ASHE Standard 170-2017 (Separades ANSI/ASHEAS/ASHE Standard 170-2013) Includes ANSI/ASHEAS/ASHE addends listed in Appendix C

Ventilation of Health Care Facilities

See Appandix C for approval dates by the AD-PAME Standards Committee, the AD-PAME Board of Dimension, the AD-PE Roard of Dimension, and the American National Society to Institute.

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ANSI/ASHRAE Standard 55-2017 (Supersedes ANSI/ASHRAE Standard 55-2013) Includes ANSI/ASHRAE addenda listed in Appendix N

Thermal Environmental Conditions for Human Occupancy

See Appendix N for approval dates

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ANSI/ASHRAE Standard 62.1-2016 (Supersedes ANSI/ASHRAE Standard 62.1-2013) Indudes ANSI/ASHRAE addenda listed in Appendix K

Ventilation for Acceptable Indoor Air Quality

See Appendix K for approval dates by the ASHRAE Standards Committee, the ASHRAE Board of Directors, and the Amer ican National Standards Institute.

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STANDARD







Workplace Cleaning for COVID-19



GUIDANCE FOR CLEANING AND DISINFECTING

PUBLIC SPACES, WORKPLACES, BUSINESSES, SCHOOLS, AND HOMES

This guidance is intended for all Americans, whether you own a business, run a school, or want to ensure the cleanliness and safety of your home. Reopening America requires all of us to move forward together by practicing social distancing and other <u>daily habits</u> to reduce our risk of exposure to the virus that causes COVID-19. Reopening the country also strongly relies on public health strategies, including increased testing of people for the virus, social distancing, isolation, and keeping track of how someone infected might have infected other people. This plan is part of the larger <u>United States Government plan</u> and focuses on cleaning and disinfecting public spaces, workplaces, businesses, schools, and can also be applied to your home.

Cleaning and disinfecting public spaces including your workplace, school, home, and business will require you to:

- Develop your plan
- Implement your plan
- Maintain and revise your plan

Reducing the risk of exposure to COVID-19 by cleaning and disinflection is an important part of reopening public spaces that will require careful planning. Every American has been called upon to slow the spread of the virus through social distancing and prevention hygiene, such as frequently washing your hands and wearing face coverings. Everyone also has a role in making sure our communities are as safe as possible to reopen and remain open.

The virus that cause: COVID-13 can be killed if you use the right products. EPA has compiled a list of disinfectant products that can be used against COVID-13, including ready-to-use sprays, concentrates, and wipes. Each product has been shown to be effective against viruses that are harder to kill than viruses like the one that causes COVID-13.

For more information, please visit CORONAVIRUS.GOV

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SCAN HERE FOR MORE

INFORMATION





Recommended cleaning: Supplementary information

Summa

This document provides guidance on routine cleaning, and cleaning and disinfection following a case or suspected case of COVID-19 in a non-healthcare workplace. It covers:

- 1.1 Cleaning during the COVID-19 pandemic
- 1.2 Definitions
- 1.3 Cleaning and disinfecting solutions
- 1.4 Checklist of standard precautions for cleaning
- 1.5 Recommended cleaning by surface
- 1.6 Recommended cleaning by item
 - 1.6.1 General
 - 1.6.2 Specialised electronic equipment
 - 1.6.3 Retail
 - 1.6.4 Building and construction
 - 1.6.5 Warehousing and logistics 1.6.6 – Transport

1.1 Cleaning during the COVID-19 pandemic

COVID-19 spreads through respiratory droplets produced when an infected person coughs or sneezes. A person can acquire the virus by touching a surface or object that has the virus on it and then touching their own mouth, nose or eyes.

A key way you can protect workers and others from the risk of exposure to COVID-19 is by implementing appropriate cleaning and disinfecting measures for your workplace.

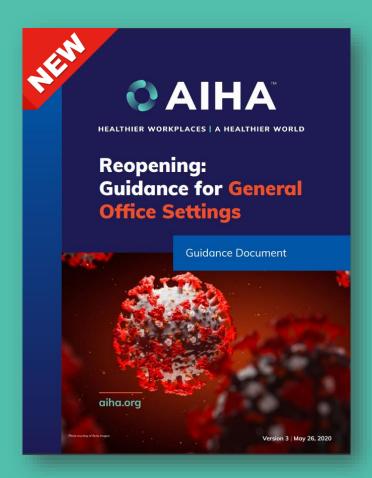
A combination of cleaning and disinfection will be most effective in removing the COVID-19 virus.

It is highly recommended that workplaces are be cleaned at least daily. More frequent cleaning may be required in some circumstances. For example, if your workplace operates in shifts, workplaces

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Resuming Business TOOLKIT Coronavirus Disease 2019 (COVID-19)





Guidance on Preparing Workplaces for COVID-19

OSHA 3990-03 2020



